



Be Subversive. Buy Local Food.

New B.C. Meat Regulations Make Buying The Chicken Next Door Illegal

Small rural producers, even if culling the odd animal to feed a neighbour, can no longer do so without bringing the animal to a government approved abattoir. This could be hundreds of miles away, costs money and adds to fossil fuels, takes precious time and causes the animal much stress. This frequently makes the act of slaughtering a home-raised animal prohibitive, and many farmers are declining to raise meat animals rather than face a \$25,000 - \$50,000 fine.

This recent government action is supposedly in the name of our health, but it obviously drives those who were eating local free range animals back to the supermarkets to buy meat. Who benefits from this?"

The only thing necessary for the triumph of evil is for good people to do nothing. -Edmond Burke



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The time is right to put on your Rabble Rousing shoes and help make change in your community. Many are already working hard at this –your help makes a big difference. • Wear your button proudly.

- Write your local MLA – they need to hear your opinions before they can act on them
- Write to: MLA Val Roddick val.roddick.mla@leg.bc.ca
Parliamentary Secretary for Agricultural Planning 4805 Delta Street, Delta BC V4K 2T7 Ms. Roddick thinks the meat regulations are a good idea! – please help her
- Support farmers in every way you can.
- Feel your power and spend your money accordingly. You strengthen who you give money to.
- Be proud to speak out for those who can't protect themselves, like your



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local farmer.

- Volunteer to help with activities you believe in. And if you want the bigger picture - Watch the video at www.healthfreedomusa.org so that you can understand the Codex Alimentarius and its power over your choices. (Please be aware that Canadian organic regulations are much stronger than American ones when you watch this video)
- Join or support the Council of Canadians www.canadians.org Check out www.integratethis.ca for what your government is doing behind your back

. Feel like working on the bigger picture? Then – set aside two hours of your life to use the Toolkit for Action at Beyond Factory Farming: www.beyondfactoryfarming.org and keep up with other news at CBAN: www.cban.ca Investigate the single transferable vote - it could get us out of this mess. See <http://en.wikipedia.org/wiki/BC-STV> and an animation at <http://www.citizensassembly.bc.ca/public/extra/animations.xml>

Write letters, put signs on your car, speak out. It's time!!!!

Farmers' Rights

Farmers retain the right to use practices that are best for the planet, for their gardens and for their families and communities.

Farmers retain the right to protect and honour all water running through and raining on to their property and must use it unfettered and unhindered by regulation by their own and foreign governments.

Farmers retain the right, using current best practices, to provide food for their families and their communities, unfettered and unhindered by domestic or foreign regulation.

Farmers retain the right, using current best practices, to provide medicine for their families and their communities, unfettered and unhindered by domestic or foreign government regulation.

Farmers retain the right to process and direct market from the Farm Gate.

Order buttons and bumperstickers or speak with us through www.vancouverislanddiet.com



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